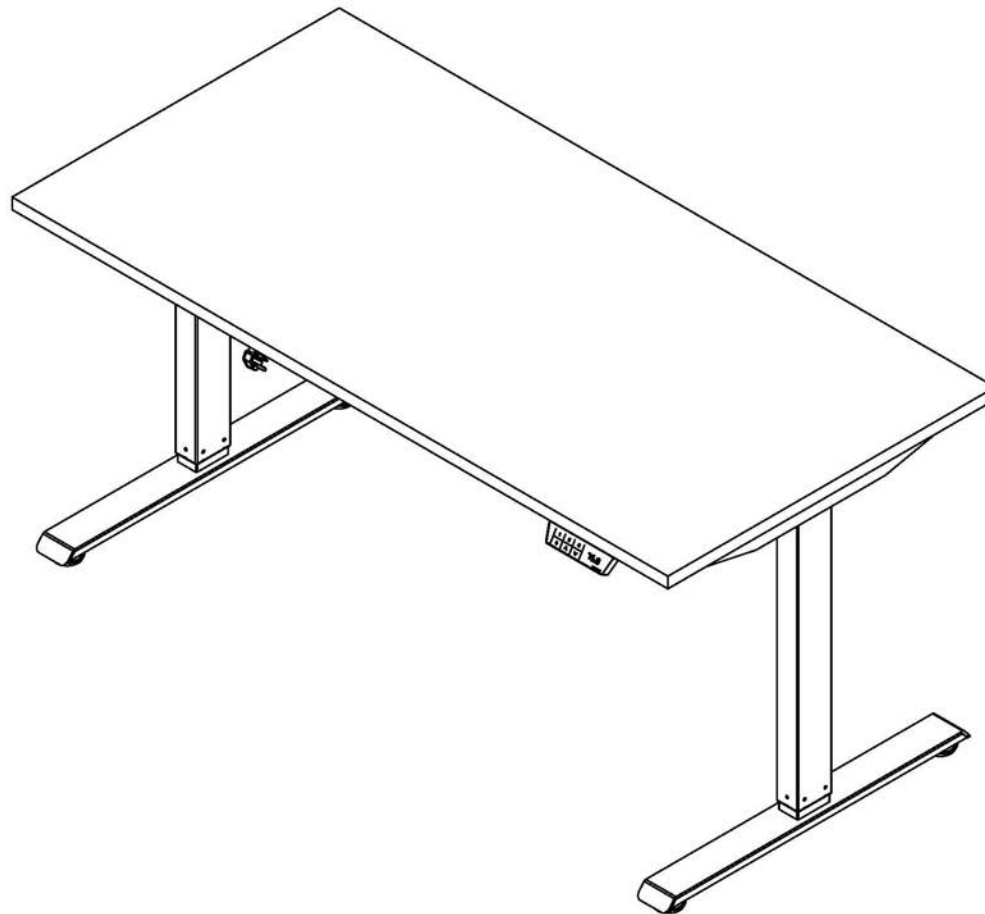


# MY-HITE ADJUSTABLE TABLE

## STRAIGHT T LEG BASE

Model Number : FSQAHBT



Please Read Instructions Before Use  
ASSEMBLY INSTRUCTIONS



ALL  
WORKSTYLES  
WELCOME

**Thank you for choosing Friant. We appreciate the trust and confidence you have placed in us and are committed to providing you the best possible product.**

» **Introduction**

Friant offers a comprehensive line of office furniture for every space and requirement, now including My-Hite, a height adjustable table that allows for standing or sitting while working.

» **User Notes**

1. As with all power-operated products, please follow instructions and handle with care.
2. When moving My-Hite tables, please lift the tables, do not drag them.
3. Check that the load on the table does not exceed limits (220lbs for straight, 330lbs for corner).
4. Table should be level and aligned at all times.

## Tools Needed



Single Sided  
Wrench



Socket Head  
Wrench



Electric Drill

## Important:

When placing table in final location, be sure there is ample room for adjustment around ALL sides, and at the highest (50") and lowest (24.5") points the table can reach. Make sure table will not come into contact with any fixed objects (fixed tops, storage, shelving, etc.) while adjusting.

## WARNING:

**FAILURE TO FOLLOW THE ASSEMBLY INSTRUCTIONS IN THIS MANUAL CAN RESULT IN PRODUCT DAMAGE, OR PERSONAL INJURY.**

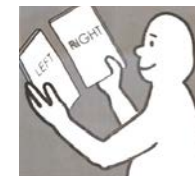
Friant & Associates, LLC does not assume any responsibility for product that is altered in any way.

1



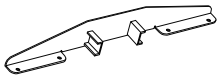
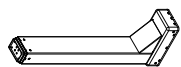

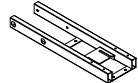


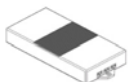







1. Read instructions carefully. Check that no parts are missing.

2



2. Carefully identify each component, especially those that are similar. The most common mistake is mixing up the order and placement of parts.

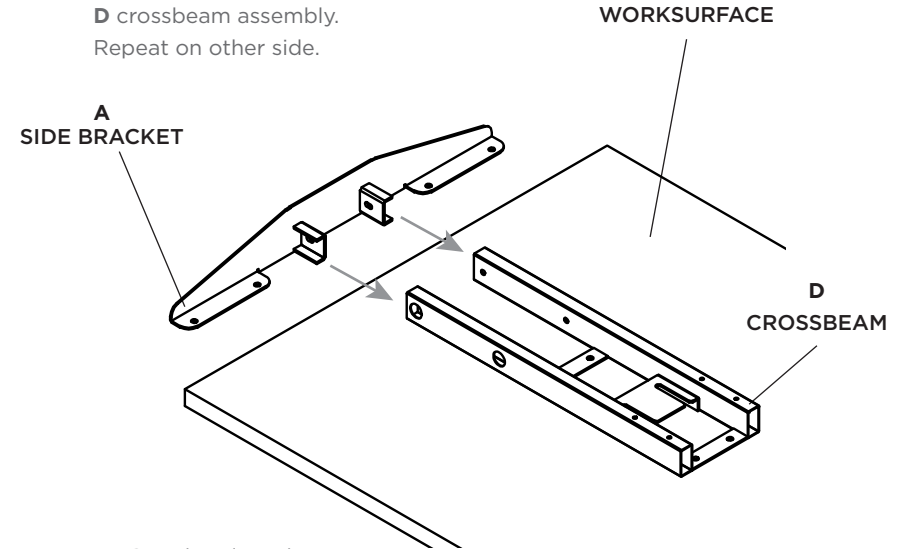
# Parts List

PART#		NAME	PIECES
A		Side Bracket	2
B		Column Leg	2
C		Pad	1
D		Crossbeam	2
E		Center Rails	2
F		Control Panel	1
G		Control Box	1
H		Telescopic Cover Plate	1
I		Connector Wires	
J		Feet	2
K		Socket Button Head Bolt M6*12mm	16
L		Socket Button Head Bolt Version 1 feet: M6*12mm Version 2 feet: M6*20mm (V2 screws are shipped with feet)	8
M		Wire Manager	3
N		Truss Head Screw M5*20mm	26

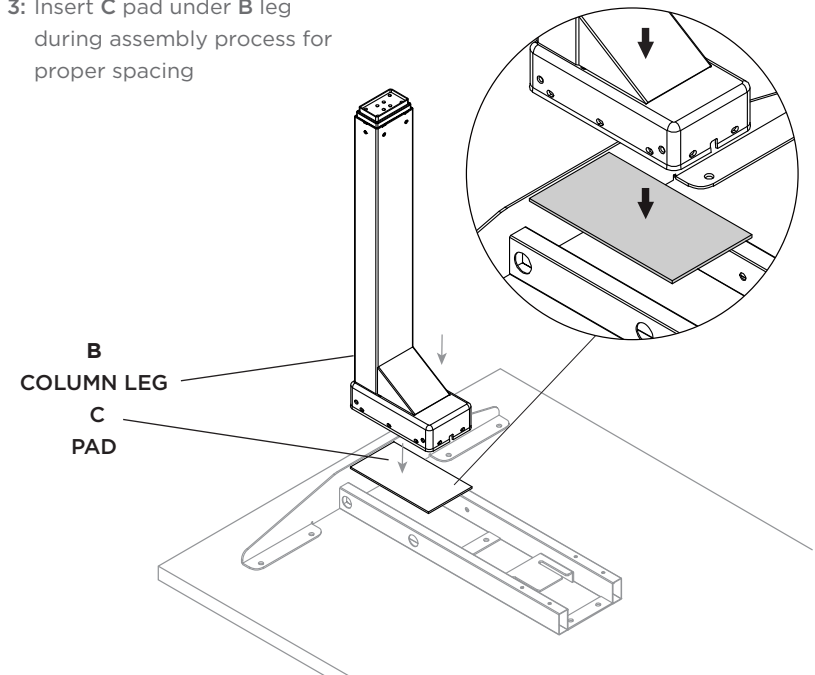
# Installation Steps

**Step 1:** Place worksurface finished side down on a blanket.

**Step 2:** Insert **A** side bracket into **D** crossbeam assembly. Repeat on other side.

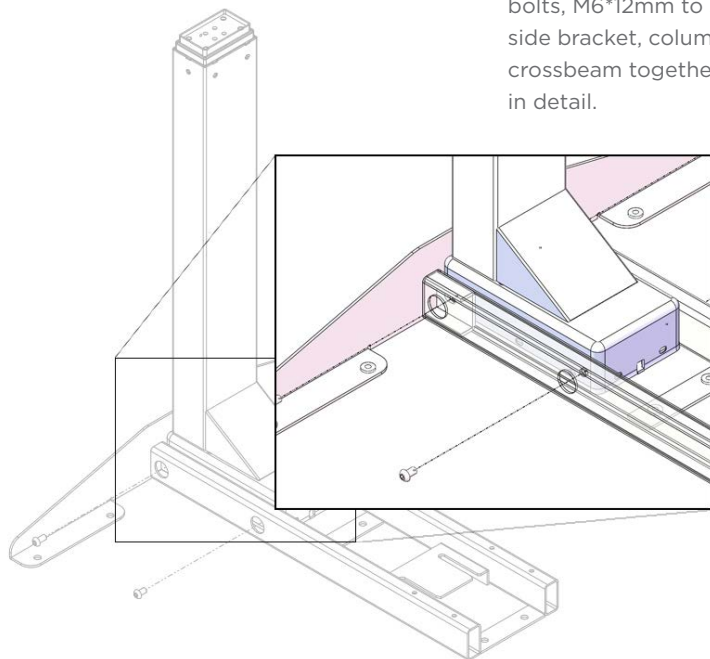


**Step 3:** Insert **C** pad under **B** leg during assembly process for proper spacing



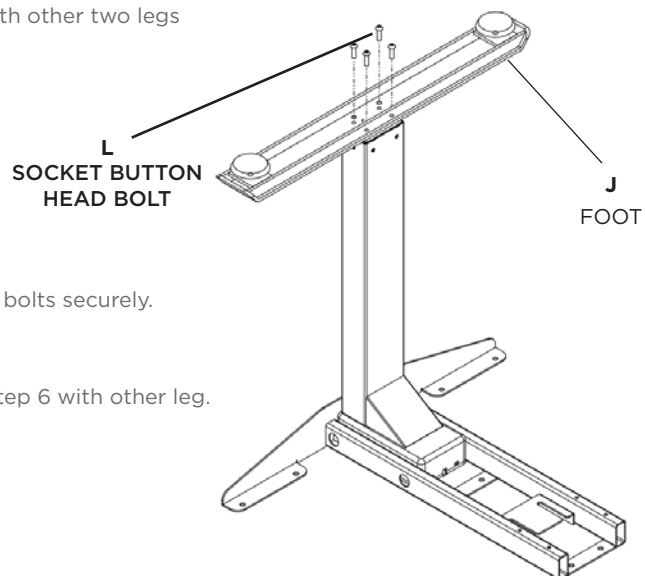
# Installation Steps

**Step 4:** Use (4) **K** socket button head bolts, M6\*12mm to secure side bracket, column leg and crossbeam together as shown in detail.



**Step 5:** Remove **C** pad after leg installation, then reuse for assembly of other leg(s) repeating steps 3 & 4. **Remove pad when done.**

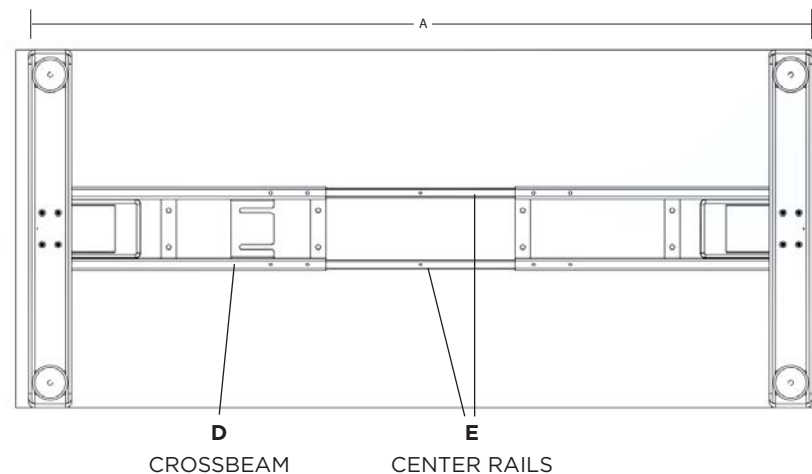
**Step 6a:** Attach **J** feet to **B** column leg with **L** (4) socket button head bolts. Tighten bolts securely. Repeat step 6 with other two legs



**Step 6b:** Tighten bolts securely.

**Step 7:** Repeat step 6 with other leg.

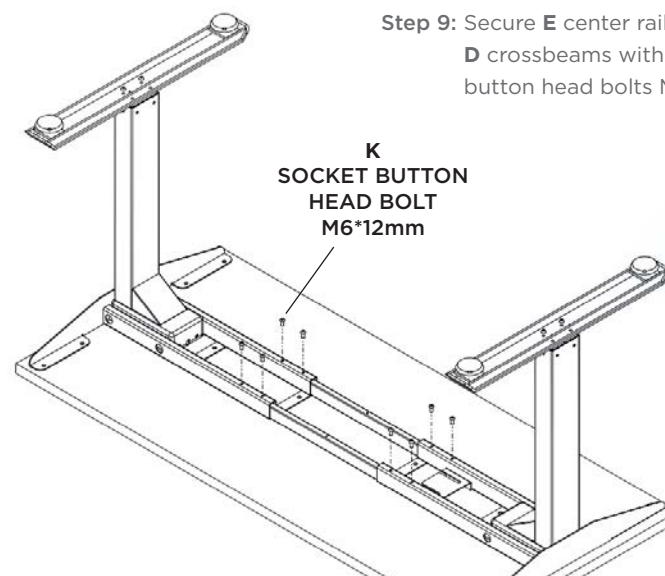
**Step 8:** Place both leg assemblies on worksurface and insert **E** center rails into **D** crossbeams as shown. Hole on center rails should be centered between crossbeams. Center leg assemblies on the worksurface. Make sure your overhang is even on both sides.



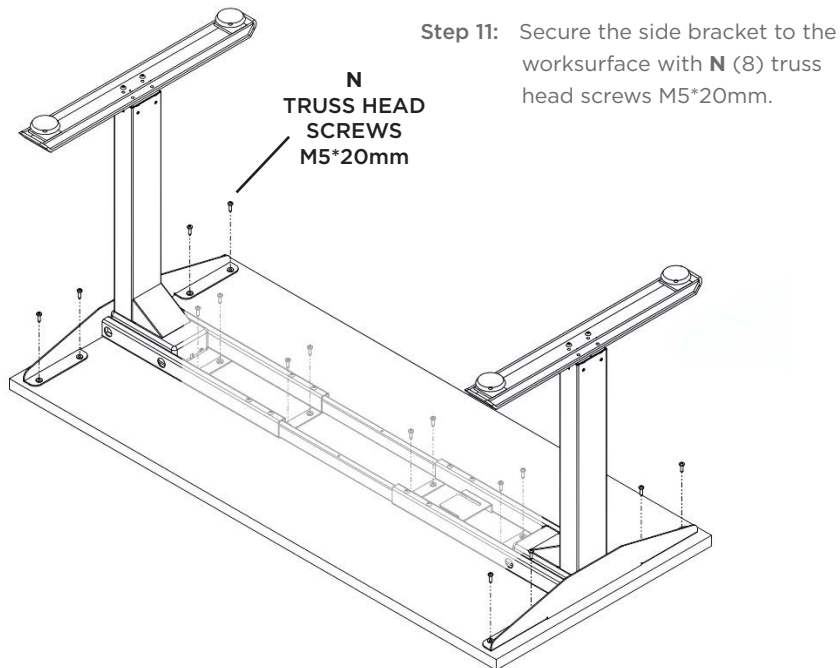
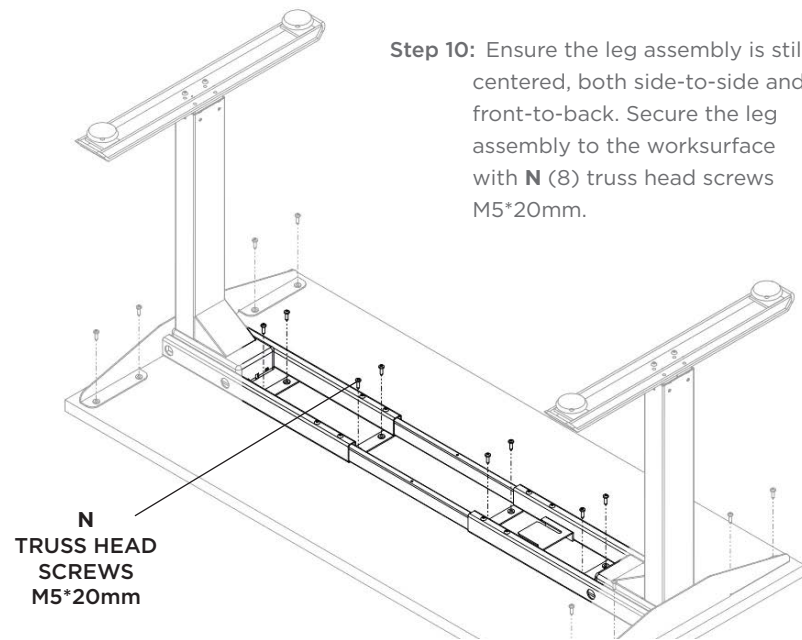
Base is: **A** - 38"-68"

- Maximum recommended top: 78" wide
- Minimum recommended top: 40" wide
- Install My-Hite tops 4" from the back of the base when using 29"+ depth tops is recommended.

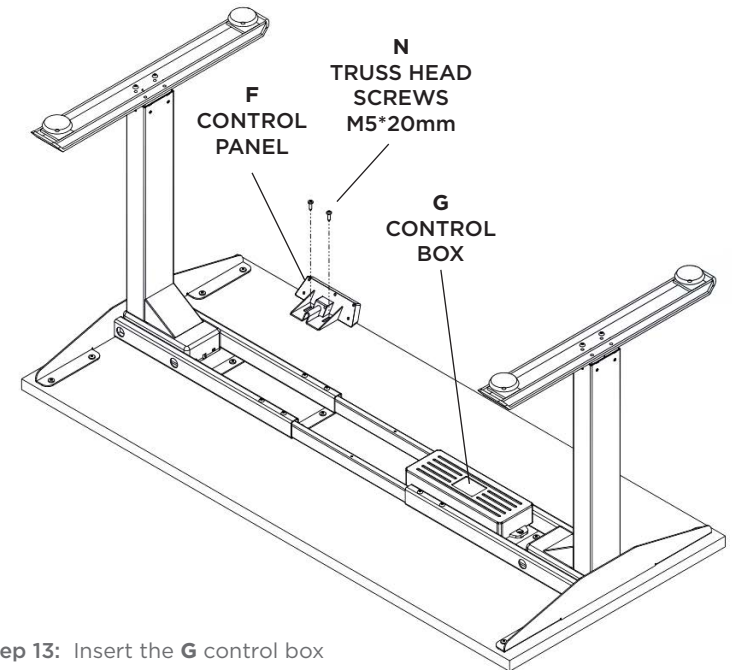
**Step 9:** Secure **E** center rails to **D** crossbeams with **K** (8) socket button head bolts M6\*12mm.



# Installation Steps



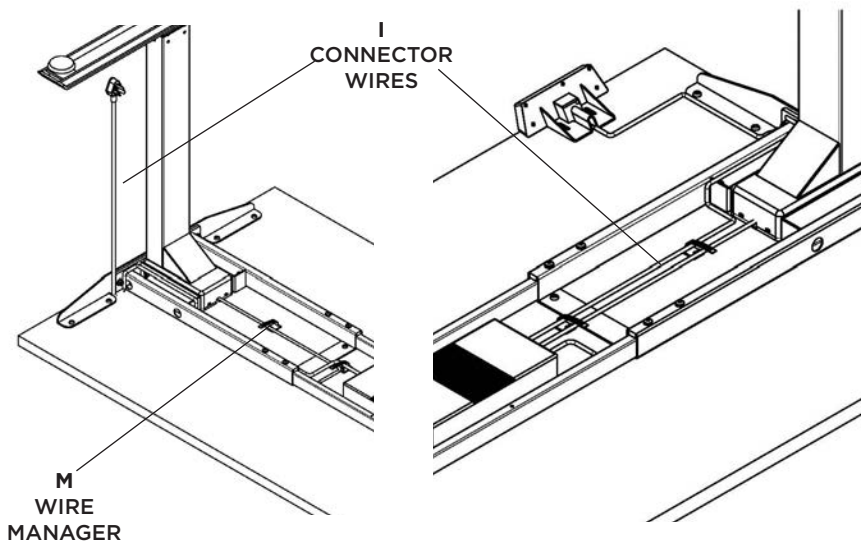
**Step 12:** Secure the **F** control panel in the desired location with **N** (2) truss head screws M5\*20mm.



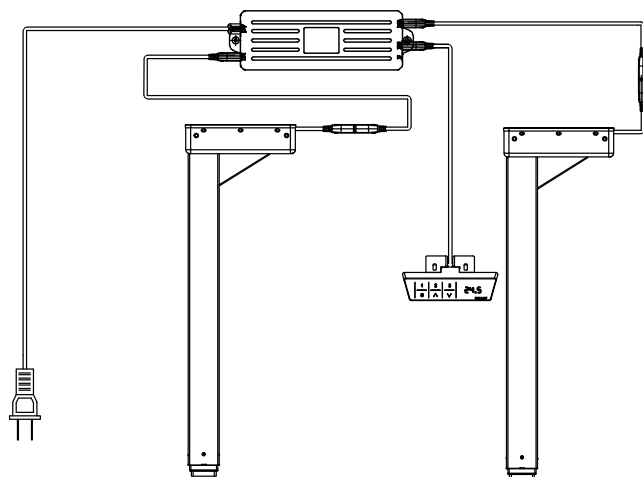
**Step 13:** Insert the **G** control box in-between crossbeam.

# Installation Steps

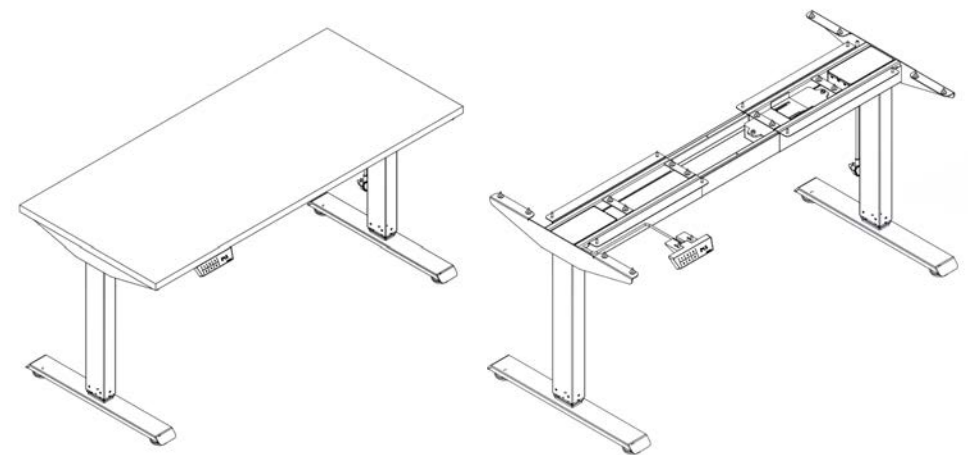
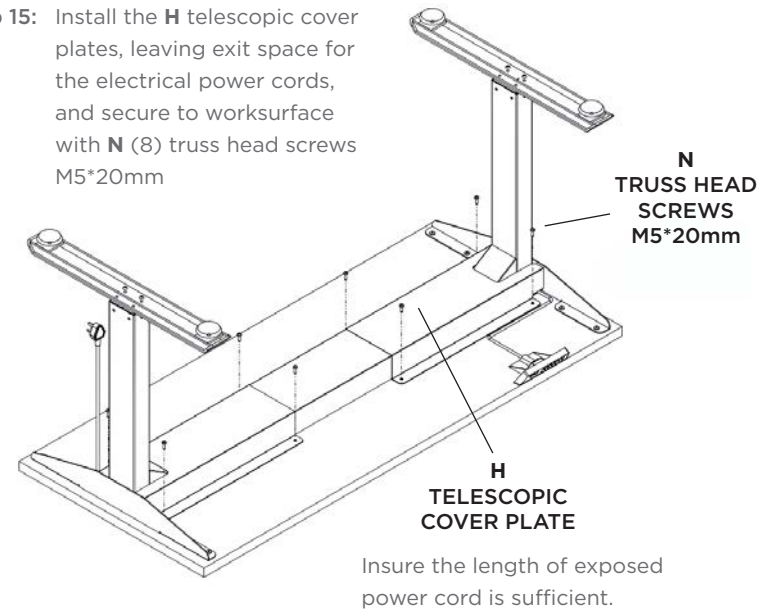
**Step 14:** Connect **F** control panel to **G** control box with **I** connector wires as shown. Use **M** wire manager to secure **I** connector wires to underside of worksurface.



Schematic view of the My-Hite wiring:



**Step 15:** Install the **H** telescopic cover plates, leaving exit space for the electrical power cords, and secure to worksurface with **N** (8) truss head screws M5\*20mm

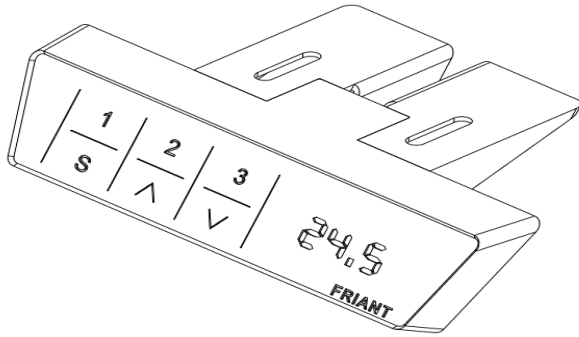


**Step 16:** Turn table right side up, adjust the glides as necessary, and plug the power cord into a 110v outlet.

**Make sure the length of the plug-in cord is appropriate to both reach the outlet, AND for the distance the table will travel up and down. Range: 24.5" at lowest to 50" highest.**

# My-Hite 3 Stage Troubleshoot Reference Sheet

## My-Hite 3 Stage Display



## 3 Stage Reset Operation

**The reset operation must be performed after installing the MyHite.**

1. Lower the table to its lowest height by **holding "V"**. Release once the table stops moving.
2. **Hold "V"** until ASR flashes, then **release**.
3. **Hold "V"** until the table shifts all the way down then slightly back up again, displaying 24.5".

Error code	Explanation	Cause	Solution
H01	Motor has overheated	Overuse	<ol style="list-style-type: none"> <li>1. Let motor rest for 10 minutes.</li> <li>2. Perform reset operation .</li> <li>3. <b>If problem persists</b> contact Friant Customer Success.</li> </ol>
ERR, ASR or RST (solid or flashing)	System is locked	Various Reasons	<ol style="list-style-type: none"> <li>1. Remove plug from outlet for 15 seconds, then plug unit back in.</li> <li>2. Perform reset operation.</li> <li>3. <b>If problem persists</b> contact Friant Customer Success to replace control panel.</li> </ol>
No display	Control Panel has lost power	Disruption in power supply to base	<ol style="list-style-type: none"> <li>1. Remove plug from outlet for 15 seconds, then plug unit back in.</li> <li>2. Perform reset operation.</li> <li>3. <b>If problem persists</b> contact Friant Customer Success to replace control panel.</li> </ol>
E01, E02, or E03	Excessive weight distribution	Too much weight (limit exceeded) <b>or</b> other problem	<ol style="list-style-type: none"> <li>1. Check that weight on table does not exceed limit.</li> <li>2. Perform reset operation.</li> <li>3. <b>If problem persists</b> contact Friant Customer Success to replace control panel.</li> </ol>
E07, E08, or E09	Signal Interruption	Signal is interrupted between leg and computer	<ol style="list-style-type: none"> <li>1. Perform reset operation.</li> <li>2. <b>If problem persists</b> contact Friant Customer Success</li> </ol>
LOC	Locked display	Various Reasons	<ol style="list-style-type: none"> <li>1. <b>Hold "S"</b> button for 10 seconds until display shows numbers indicating height.</li> <li>2. Display is now unlocked.</li> <li>3. <b>If problem persists</b> contact Friant Customer Success</li> </ol>

### General Tips

- Follow assembly instructions closely.
- Do not overload the tables (220 lbs maximum straight, 330 lbs maximum corner).
- The input voltage should be within 108-132V.
- Use the glides to properly level the table before use.
- When moving the table, do not tilt the table on one leg or misalignment may occur.
- Before first use, perform reset operation.
- If, after trouble shooting the problem persists, contact Customer Success for further assistance.

### Display in Centimeters

1. Press "V" until the display shows ASR.
2. Hold "2" until the display shows "10.3"
3. **Perform reset operation.** After reset, the display will be in centimeters.

### Display in Inches

1. Press "V" button until the display shows ASR.
2. Hold "2" button until the display shows "10.4"
3. **Perform reset operation.** After reset, the display will be in inches.

### Programming the memory control panel

1. Adjust the table to its desired preset height.
2. Press "S" once.
3. Press **EITHER** "1", "2", or "3" on the display. This position is now saved.



## Programming the memory control panel

1. Adjust the table to its desired preset height.
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## Setting Minimum and Maximum Heights

The steps for adjusting the minimum and maximum heights for a 3 stage table are dependent on the number of legs on the table.

A **Straight table** has 2 legs. A **Corner table** has 3 legs.

### Set Minimum Height (Straight Table)

Note: “V” must be the last button pressed to set the minimum height. You cannot press “^” when trying to set the minimum height.

1. **Press** “V” until table is at desired minimum height.
2. **Hold** “S” until “S-” flashes once.
3. **Immediately tap “S” twice.**
4. “000” will appear on the display, confirming that the minimum height is set.

### Set Maximum Height (Straight Table)

Note: “^” must be the last button pressed to set the maximum height. You cannot press “V” when trying to set the maximum height.

1. **Press** “^” until table is at desired maximum height.
2. **Hold** “S” until “S-” flashes once.
3. **Immediately tap “S” twice.**
4. “999” will appear on the display, confirming that the maximum height is set.

### Clear Min/Max Height (Straight table)

1. Table can be at **ANY HEIGHT** but **NOT** the minimum or maximum.
2. **Hold** “S” until “S-” flashes once.
3. **Immediately tap “S”** about eight times, **or until** “555” appears on display.
4. The minimum/maximum height is now cleared.

### Special Clear Maximum & Minimum Height

This reset procedure is used when the minimum and maximum height is set within 1” of each other.

1. Unplug unit for 10 minutes.
2. Connect unit to power; do not touch “^” or “V”.
3. **Hold** “S” until “S-” flashes on the display once.
4. **Immediately tap “S”** until “555” appears on the display.
5. The minimum/maximum height is now cleared.

## Adjust the Automatic Anti-Collision Rebound Sensitivity

1. **Hold** “V” until the table is at its lowest height, then **release**.
2. **Hold** “V” again until ASR flashes on the display, then **release**.
3. **Hold** “^” button for about five seconds. The current sensitivity level will display: **10.5, 10.6, or 10.7**  
**Note: 10.5 is the most sensitive, 10.7 is the least sensitive**
4. Repeat this process to cycle through the sensitivity settings.
5. **Hold** “V” until the table shifts up and down slightly. The setting is now confirmed.

### Set Minimum Height (Corner Table)

Note: “V” must be the last button pressed to set the minimum height. You cannot press “^” when trying to set the minimum height.

1. **Press** “V” until table is at desired minimum height.
2. **Press** “S” once.
3. **Immediately press “V” button.**
4. **Hold** “S” button until “000” appears on the display, confirming the minimum height is set.

### Set Maximum Height (Corner Table)

Note: “^” must be the last button pressed to set the maximum height. You cannot press “V” when trying to set the maximum height.

1. **Press** “^” until table is at desired maximum height.
2. **Press** “S” once.
3. **Immediately press “^”**
4. **Hold** “S” button until “999” appears on the display, confirming the maximum height is set.

### Clear Min/Max Height (Corner Table)

1. Table can be at **ANY HEIGHT** but **NOT** the minimum or maximum.
2. **Press** “S” once.
3. **Immediately hold “S”** until “555” appears on the display.
4. The minimum/maximum height is now cleared.